

Instructional Course

11–12 November 2011



Workshops / Live OP

EFORT Instructional Course

Basel, Switzerland: 11-12 November 2011

Osteoarthritis: Joint preserving surgery (JPS) of the lower leg

- Joint preserving surgery around the hip
- Joint preserving surgery around the knee
- Joint preserving surgery around the ankle

Workshops:

- JPS around the hip
- Osteotomies around the knee
- osteotomies around the ankle

info

www.efort.org/ic/basel2011

Welcome



Victor
Valderrabano



Pierre
Hoffmeyer

Dear Colleagues,

The relevance of osteoarthritis has increased significantly over the past decades. All over the world treatment of osteoarthritis today still remains a symptom-reducing approach and causes respectable costs in the healthcare sector.

During the 20th century the possibilities to deal with osteoarthritis evolved from resection arthroplasty and arthrodesis to total joint arthroplasty. The value of joint preserving surgery (JPS) have been in the focus in the past and deserve again our attention when thinking of the importance of keeping autologous joint structures in order to achieve normal biomechanical function, proprioception, sports activities and the future potential use of osteochondral tissue engineering.

This course offers a comprehensive approach to joint preserving surgery of the lower extremity. The faculty of this meeting is composed of respected experts who will share their vast experience with the audience.

Basel played already an important role in the history of EFORT, thus this course is also kind of a trip back to the roots of EFORT. Professor Erwin Morscher emeritus Professor and former chairman of the Orthopaedic Department at the University of Basel was one of the founding fathers and former presidents of EFORT. Today we are honoured to host the EFORT Instructional Course on joint preserving surgery here in Basel in the year EFORT is celebrating its 20th anniversary.

We are looking forward to welcoming you to Basel!

Yours,

A handwritten signature in black ink, appearing to be 'V. Valderrabano'.

Victor Valderrabano
Chairman

A handwritten signature in black ink, appearing to be 'P. Hoffmeyer'.

Pierre Hoffmeyer
EFORT Vice President

Programme

Friday, 11 November

Osteoarthritis: Joint preserving surgery (JPS) of the lower leg

| Schedule | Topic | Faculty |
|----------|---------------------|------------------------------|
| 7:30 | Registration | |
| 8:00 | Opening and welcome | V. Valderrabano P. Neyret |
| 8:10 | About EFORT | P. Neyret |

JPS around the HIP

| Schedule | Topic | Faculty |
|----------|---|---|
| | Moderator: Th. Ilchmann, V. Valderrabano | |
| 8:30 | Osteoarthritis | V. Valderrabano |
| 8:45 | Hip arthroscopy | M. Dienst |
| 9:00 | HIP JPS - the Dresden algorithm | P.-G. Günther |
| 9:15 | HIP JPS - the Bern algorithm | K. Siebenrock |
| 9:30 | LIVE SURGERY | |
| 10:30 | Coffee break | |
| 11:00 | Workshop - JPS around the HIP Synthes: Acetabular osteotomies Zimmer: Proximal femur osteotomies Storz: Hip arthroscopy | K. Siebenrock K.-P. Günther M. Dienst |
| 12:30 | Lunch | |

Programme

Friday, 11 November

Osteoarthritis: Joint preserving surgery (JPS) of the lower leg

JPS around the KNEE

| Schedule | Topic | Faculty |
|----------|---|---|
| | Moderator: G. Pagenstert, N. Friederich | |
| 13:30 | Ligament instability in JPS | G. Pagenstert |
| 13:45 | Meniscus preservation and transplantation in JPS | R. Verdonk |
| 14:00 | Cartilage repair in JPS | M. Steinwachs |
| 14:15 | Varus Knee OA | P. Koch |
| 14:30 | Valgus Knee OA | P. Neyret |
| 14:45 | Patellofemoral OA | J. Romero |
| 15:00 | Discussion | |
| 15:30 | Coffee break | |
| 16:00 | Workshop - JPS around the KNEE Synthes: Osteotomies around the knee Orteq: Meniscus transplantation / Aesculap: chondral repair Storz: ACL and MPFL repair | P. Koch P. Verdonk / M. Steinwachs G. Pagenstert |
| 17:30 | End of the day | |
| 19:30 | Course Dinner | |

Programme

Saturday, 12 November

Osteoarthritis: Joint preserving surgery (JPS) of the lower leg

JPS around the ANKLE

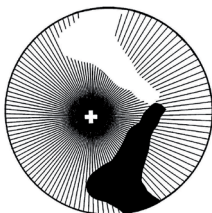
| Schedule | Topic | Faculty |
|----------|--|---|
| | Moderator: J. Nunley, A. Frigg | |
| 8:00 | Ankle osteoarthritis | J. Nunley |
| 8:15 | Arthroscopic surgery of ankle degeneration | N. Espinosa |
| 8:30 | Open surgery: osteochondral & cartilage ankle lesions | V. Valderrabano |
| 8:45 | Ligament repair in ankle JPS | J. DeOrio |
| 9:00 | JPS for varus ankle/hindfoot OA | M. Knupp |
| 9:15 | JPS for valgus ankle/hindfoot OA | M. Easley |
| 9:30 | Discussion | |
| 9:45 | Case discussion: multilevel surgery | A. Nowakowski |
| 10:15 | Coffee break | |
| 10:45 | Workshop - JPS around the ANKLE Geistlich: AMIC in talus osteochondral lesions Storz: Arthroscopy and ligament repair Synthes: Tibia and calcaneus osteotomies | V. Valderrabano / A. Leumann N. Espinosa M. Easley |
| 12:15 | Lessons learned | V. Valderrabano |
| 12:30 | End of the course | |

Faculty

Patronage society:



SGOT - Schweizerische Gesellschaft für Orthopädie und Traumatologie



SFAS - Swiss Foot and Ankle Society

Faculty:

James DeOrio, USA

Michael Dienst, Germany

Norman Espinosa, Switzerland

Mark Easley, USA

Thomas Ilchmann, Switzerland

Markus Knupp, Switzerland

Peter Koch, Switzerland

André Leumann, Switzerland

Philippe Neyret, France

Andrej Nowakowski, Switzerland

James Nunley, USA

Geert Pagenstert, Switzerland

Jose Romero, Switzerland

Klaus Siebenrock, Switzerland

Matthias Steinwachs, Switzerland

Victor Valderrabano, Switzerland

Peter Verdonk, Belgium

Information

Course fee

Participants

EUR 250.00

incl. Dinner

EUR 300.00

Residents in training

EUR 125.00

incl. Dinner

EUR 175.00

Credits

approx. 9 European credits

Course language

English – no simultaneous translation

Scientific committee

Prof. Dr. Victor Valderrabano

Dr. Geert Pagenstert

Prof. Dr. Maurilio Marcacci

Venue

Universitätsspital Basel

Spitalstrasse 21

4031 Basel

Switzerland

Auditorium: ZLF klein

Registration

www.efort.org/ic/basel2011

Opening hours

Friday 11 November: 07.30 – 17.30

Saturday 12 November: 08.00 – 12.30

EFORT ATP

Forthcoming EFORT IC's

EFORT Advanced Training Programme 2012

EPOS-EFORT IC Vienna 2012, 28-30 March 2012

Paediatrics: Basic II