



**6TH MEETING OF
THE EUROPEAN
FEDERATION OF NATIONAL
ASSOCIATIONS OF
ORTHOPAEDIC SPORTS
TRAUMATOLOGY**
25th - 27th NOVEMBER 2010
BRUSSELS, BELGIUM
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Abstract submission deadline extended !

New deadline : **15 October 2010.**

Submit your abstract via

www.EFOST2010.com

PROGRAMME

THURSDAY

ROOM 1	
08:00 > 09:15	● ICL: CAS in knee surgery <i>Drs. Colombet & Klos</i>
09:30 > 10:30	● New research in orthopaedic sports medicine <i>Drs. Cerulli, Lamontagne & Woo</i>
10:30 > 11:00	COFFEE BREAK
11:00 > 11:10	● A short history of EFOST <i>Dr. Doral</i>
11:10 > 11:45	● Honorary presidents' session <i>Drs. Clancy & Verdonk</i>
11:45 > 12:20	● Honorary members' session <i>Drs. Bergfeld & Ochi</i>
12:20 > 13:00	● EFOST President's session (welcome; keynote speaker; intro of present Society Presidents, former EFOST presidents & EFOST fellows) <i>Drs. Castelijin, Cohen, De Boeck, Fu, Raveendran, Slulitel & Van Dijck</i>
13:00 > 14:30	LUNCH
14:30 > 15:00	● ACL ruptures in children <i>Drs. Seil & Smigielski</i>
15:00 > 16:00	● Single vs Double bundle in ACL <i>Drs. Clancy, Colombet, Eichorn, Fu & Huylebroek</i>
16:00 > 16:30	COFFEE BREAK
16:30 > 16:40	● How to manage a partial repair of ACL <i>Drs. Ager & Siebold</i>
16:40 > 17:20	● Free Paper presentations
17:20 > 18:00	● PCL rupture <i>Drs. Benedetto, Bergfeld, Djian & Raveendran</i>
ROOM 2	
08:00 > 09:15	● ICL: Toe injuries in sport <i>Dr. Gombault</i>
09:30 > 10:10	● Belgian Foot Society Symposium: Athlete's foot injuries <i>Dr. Gombault</i>
10:10 > 10:30	● Free Paper presentations
10:30 > 11:00	COFFEE BREAK
11:00 > 11:30	● East meets West: Achilles tendinopathy <i>Drs. Longo, Orava & Smigielski</i>
11:30 > 12:00	● Management of Achilles tendon ruptures <i>Drs. Doral, Maffulli, Nyska & Van Dijck</i>
12:00 > 12:10	● Endoscopic treatment of tendinopathy in the ankle <i>Dr. Van Dijck</i>
12:20 > 13:00	● EFOST President's session
13:00 > 14:30	LUNCH
14:30 > 15:00	● MPFL in sports <i>Dr. Doral</i>
15:00 > 15:40	● Cartilage repair update <i>Drs. Almqvist, Bobic, Kon, Lowe, Marcacci, Van Lauwe & Zaffagnini</i>
15:40 > 16:00	● How should I do an arthroscopy? <i>Dr. Miniacci</i>
16:00 > 16:30	COFFEE BREAK
16:30 > 16:50	● Formula 1 and motor sports <i>Dr. Kucukdurmaz</i>
16:50 > 17:10	● UEFA studies <i>Drs. Ekstrand & D'Hooghe</i>
17:10 > 17:30	● Groin pain <i>Drs. Cugat & Hackney</i>
17:30 > 18:00	● Techniques and indications for hip arthroscopy <i>Drs. Divierga & Laude</i>

FRIDAY

ROOM 1	
08:00 > 09:15	● ICL: What can be allowed for the ageing athlete after knee surgery? <i>Drs. Canata, Landreau & Neyret</i>
09:30 > 09:50	● History of ACL surgery <i>Drs. Chambat & Paessler</i>
09:50 > 10:10	● 360 million years of knees <i>Drs. Almqvist, Müller & Paessler</i>
10:10 > 10:30	● ISAKOS session <i>Drs. Cohen, Doral & Fu</i>
10:30 > 11:00	COFFEE BREAK
11:00 > 11:20	● The basic science of graft selection: patellar tendon, hamstring autograft, and tendon allografts <i>Drs. Clancy & Huylebroek</i>
11:20 > 11:40	● When is bracing needed? An update <i>Drs. Mendes & Paessler</i>
11:40 > 12:20	● East meets West: ACL surgery <i>Drs. Neyret, Ochi & Zarini</i>
12:20 > 12:40	● Do basic science articles have clinical relevance? <i>Drs. Reider & Verdonk</i>
12:40 > 13:00	● Sports and osteoarthritis: the chicken or the egg? <i>Dr. Mann</i>
13:00 > 14:30	LUNCH
14:30 > 15:30	● ESSKA Symposium: Multiligament knee injuries <i>Drs. Denti & Seil</i>
15:30 > 16:00	● Free Paper presentations
16:00 > 16:30	COFFEE BREAK
16:30 > 17:30	● Meniscus: an update <i>Drs. Beaufils, P. Verdonk, R. Verdonk & Zaffagini</i>
17:30 > 18:00	● First patellar dislocation: surgery or no surgery <i>Drs. Dejour & Gerani</i>
ROOM 2	
08:00 > 09:15	● ICL: Athlete's elbow <i>Dr. Kelberine</i>
09:30 > 10:30	● Acute muscle injuries <i>Drs. Jaarvinen, Jones & Lowe</i>
10:30 > 11:00	COFFEE BREAK
11:00 > 11:40	● Shoulder specific injuries in sport: cycling, judo, handball and swimming <i>Drs. Camillieri, Claes, Frey & Thoreux</i>
11:40 > 12:00	● First-time shoulder dislocation <i>Drs. Jacobsen & Sluiter</i>
12:00 > 13:00	● Recurrent shoulder dislocation in sport: which technique, when and for whom? <i>Drs. Franceschi, Hackney & Hardy</i>
13:00 > 14:30	LUNCH
14:30 > 14:50	● Shoulder OA in the young patient <i>Drs. Hardy & Miniacci</i>
14:50 > 15:00	● Biceps Tenodesis <i>Dr. Sluiter</i>
15:00 > 16:00	● Clavicular and ACJ lesions in sport <i>Drs. Adamczyk & Fink</i>
16:00 > 16:30	COFFEE BREAK
16:30 > 17:10	● Free Paper presentations
17:10 > 17:20	● Stiff elbow post-trauma <i>Dr. Kelberine</i>
17:20 > 17:40	● Soccer injuries: a Brazilian perspective <i>Dr. Cohen</i>
17:40 > 18:00	● Anticoagulation and arthroscopy <i>Drs. Mann & Papadopoulos</i>

SATURDAY

ROOM 1	
08:30 > 09:00	● Introduction and welcome to Radiological Symposium 'Impingement Syndromes' (under the patronage of ESSR) <i>Drs. Huylebroek & Shahabpour</i>
09:00 > 09:35	● Shoulder <i>Drs. Willems & Wortler</i>
09:35 > 10:10	● Elbow <i>Drs. Kelberine & Martinoli</i>
10:10 > 10:30	COFFEE BREAK
10:30 > 10:40	● EFOST awards <i>Dr. Huylebroek</i>
10:40 > 11:15	● Wrist <i>Drs. Padron & Pederzini</i>
11:15 > 11:50	● Hip <i>Drs. Kassarian & Scheerlinck</i>
11:50 > 12:30	● Ankle <i>Drs. Shahabpour & Van Dijk</i>
ROOM 2	
08:30 > 10:10	● Surgical options in knee athlete OA (multiple presentations and discussion) <i>Drs. Ager, Almqvist, Bellemans, Benazzo, Imhoff, Kelberine, de Miguel, Miniacci, Neyret & Salpeta</i>
10:10 > 10:40	COFFEE BREAK
10:30 > 10:40	● EFOST awards (live relay)
10:40 > 12:30	● Physiotherapy symposium: Rehab after ACL and PCL surgery: New trends <i>Drs. Jaos, Lamontagne, Peers & Witvrouw</i>

Programme correct as of 10 September 2010

- Debates
- EFOST sessions
- Free papers
- Lectures
- Mini-Symposium
- Special Symposium
- Video session

EFOST 2010 has been designated for a maximum of 15 hours of CME credits by the European Accreditation Council for Continuing Medical Education (EACCME).

TRADE SYMPOSIA

Thursday 25 November 2010

- 06:45 > 08:00** Arthrex
- 13:00 > 14:30** Tigenix

Friday 26 November 2010

- 06:45 > 08:00** Arthrex
- 13:00 > 14:30** DJO Incorporated
- 13:00 > 14:30** DePuy

EFOST CONGRESS ORGANISER



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