



sportmedica

There is ample evidence for the health enhancing potential of physical activity. Encouraging physical activity and promoting sports participation are a public policy priority to maintain and improve physical and mental health of the population, to prevent a number of diseases and premature death and on the other hand to generate beneficial consequences to the health economy.

The congress aims to present an outstanding scientific program that reflects the state of the art of all fields in the sports & sports medicine science.

The 2008 EISCSA—SPORTMEDICA Congress focuses on the role of prevention through sport and exercises, to contribute to an in depth and enhanced understanding of the functioning and the healthy development of the human body
implementing training programs targeted to improve performance and prevent injuries in sports
the prevention of diseases and improvement of treatment and rehabilitation
the optimization of rehabilitation for musculo-skeletal injuries
the improvement and optimization of physical performance
the female athlete

The congress aims to present an outstanding scientific program reflecting state of the art on many topics of medicine and science in sports. It offers a platform to develop a long-term research program on sports injury prevention including studies on basic epidemiology, risk factors, injury mechanisms, and intervention.

Congress Venue

Centre National Sportif et Culturel „d’Coque“

Luxembourg-Kirchberg
2 rue Léon Hengen L-1745 Luxembourg

www.sportmedica.lu

Accommodation

For hotel reservation special rates are available. Please choose hotel category, fill out hotel reservation form (available at www.sportmedica.lu) and send it by Fax or E-Mail to: Luxembourg Convention Bureau
Fax : 00352-46 70 73
Email: convention.bureau@lcto.lu



Cooperation Partners

- Département Ministériel des Sports
- Ministère de la Santé
- Fonds National de la Recherche
- Comité Olympique et Sportif Luxembourgeois
- Centre de l'Appareil Locomoteur, de Médecine du Sport et de Prévention, CHL-Luxembourg
- Centre de Recherche Public en Santé
- École Nationale de l'Éducation Physique et des Sports
- Fédération Luxembourgeoise de Football

Sponsors and Industry

- EISCSA Sponsors :
- CON-TREX, CMV AG, Switzerland**
 - LMT Leuenberger Medizintechnik AG, Switzerland
 - CSMI Solutions, USA
 - h/p/cosmos, Germany
 - idiag AG, Switzerland
- Exhibition organized by: **comed GmbH**
 Rolandstr. 63
 D-50677 Köln
 Tel : 02 21 / 80 11 00-0
 Fax: 02 21 / 80 11 00 29
 info@comed-kongresse.de
<http://www.comed-kongresse.de>

SPORTMEDICA 2008

5th EISCSA Congress
October 16th – 18th, 2008

LUXEMBOURG



www.sportmedica.lu



Optimization of Physical Activity

Implications

for Sports, Prevention & Rehabilitation

Hosted by

Société Luxembourgeoise
de Médecine du Sport

Société Luxembourgeoise
de Kinésithérapie du Sport

Société Luxembourgeoise
de Recherche en Orthopédie
et Médecine du Sport

Topics

- Neuromuscular Mechanism Revisited
- Physical Inactivity. The major public health problem of the 21st century
- Advances in Preventing Sports Injuries
- The Female Athlete Triad
- What about the Evidence of “Warming –Up”
- Designing Strength and Conditioning Programs in Sports and Disease
- Return to Play Criteria Following Sports Injuries
- Aging and Functional Performance

Keynote Speakers

- J. Duchateau, Prof. Ph.D., Belgium
- L. Engebretsen, Prof. Dr. med., Norway
- M. Kjaer, Prof. Dr. med., Denmark
- V. Strojnik, Prof. Ph.D. Slovenia
- D. Theisen, Prof. Ph.D.. Luxembourg

Football Coaching Clinic

Official Course of the UEFA Level B

- Prevention of football injuries
- Sports Medicine Aspects in Football
- Performance Assessments

Workshops

- Injury Prevention
- Functional Strength Training
- Functional Sports Rehabilitation
- Proprioceptive – Balance Training
- Industry Workshops

EISCSA State-of-the-Art Session

PROPRIOCEPTION—BALANCE—SENSORIMOTOR TRAINING

At every congress EISCSA focuses on one topic of special interest within a so called State-of-the-Art session. In this session an overview of literature and recent stand will be provided. Additionally, a thematic poster presentation takes place, where physiotherapists, scientists, medical doctors, athletic coaches and representatives from industry put emphasis on different points of view. Finally, a detailed discussion including EISCSA members, experts and the audience will close the session. After the congress a position stand paper will be published in “Isokinetics and Exercise Science”.

Congress Format

Keynote Lectures—Thematic Sessions-Oral Presentations

Symposia- Poster Presentations-Workshops

EISCSA State-of-the-Art Session

Technical Exhibitions and Demonstrations

Schedule:

Registration Opening, Thursday, October 16th, 2 p.m.

Congress Lecture, Thursday, October 16th, 4 p.m.

Congress Opening, Thursday, October 16th, 7 p.m.

Congress Welcome Party, Thursday, October 16th, 8.30 p.m.

Congress Gala Dinner Friday, October 17th, 7.30 p.m.

Closing Session, Saturday , October 18th, 1 p.m.

Congress Language: English

Call for Abstracts

Scientists, medical doctors, physiotherapists, athletic coaches and trainers are invited to submit an abstract for oral or poster presentation. A review procedure will decide acceptance and style of presentation. All accepted abstracts will be published in “Isokinetics and Exercise Science”.

For abstract submission guidelines and further information see: www.sportmedica.lu

Deadline for Abstract submission: March 15st, 2008

Registration and Organisation

Congress Registration

1. Download registration form from **www.sportmedica.lu**
2. Fill out registration form
3. Send registration form online

Congress Fee

Fee in €	Before 1.4.08	Before 1.7.08	After 1.7.08
EISCSA members*	150	180	200
SLKS – SLMS members*			
New EISCSA members**	230	260	280
Non members*	210	240	260
Students*	50	75	100
Accompanying persons***	60	75	100
EISCSA membership****	80.-		
Congress Gala Dinner	70.-		

* fee includes participation in all sessions, congress material, Welcome party
 ** includes congress fee and membership for one year
 *** includes congress welcome party
 **** includes membership information, reduced fee for EISCSA events and the Journal

Scientific Organization

Prof.Dr.med. A. URHAUSEN , CALMS-CHL, Luxembourg
 Prof.Dr.med. R. SEIL, CALMS-CHL, Luxembourg

Congress Secretary

Sportmedica2008

12 Chaussée Blanche L-8014 STRASSEN

E-Mail: info2008@sportmedica.lu