



International table tennis congress - linking practice and science  
 Luxembourg, 23<sup>rd</sup> to 25<sup>th</sup> November 2019 @Novotel Kirchberg

**CONGRESS PROGRAM**

This is an event of the China Table Tennis College Europe (CTTC-E) organised in collaboration between the Luxembourg Institute of Research in Orthopedics, Sports Medicine and Science (LIROMS), the International Table Tennis Federation, the Luxembourg Table Tennis Federation and the Luxembourg Institute of Health.

*FRIDAY 23<sup>rd</sup> November*

17:30	Registration
18:00	Welcome – <b>Axel Urhausen</b> , MD, PhD, Prof., Congress President Welcome – <b>Heinz Thews</b> , COSL Technical Director Welcome – <b>Robert Thillens</b> , CTTC-E Vice-President

**Technical skills & biomechanics – Chaired by Christophe Meyer, PhD**

18:30	Kinematic analyses in TT – <b>Ivan Malagoli Lanzoni</b> , PhD
18:50	TBD (technical skills) – “Chinese coach from CTTC”
19:10	Open Discussion

**General talk – Chaired by Daniel Theisen, PhD, Prof.**

19:30	Table tennis research horizon 2025 – <b>Miran Kondric</b> , PhD – Head of ITTF Research
19:50	Open Discussion
20:00	Walking Dinner

*SATURDAY 24<sup>th</sup> November*

08:30	Registration
09:00	Welcome 2 <sup>nd</sup> day and program – <b>Axel Urhausen</b> , MD, Prof., Congress President

**Injury Prevention – Chaired by Romain Seil, MD, PhD, Prof.**

09:10	Hip joint loads in young TT players – <b>Patricia Thoreux</b> , MD, Prof.
09:30	Injury prevention in daily practice – <b>Rosen Alexandrov</b>
09:50	Open Discussion
10:10	Coffee Break & Sponsor Booth visits

**Performance – Chaired by Richard Prause**

10:40	Performance analysis in real-time in TT – <b>Martin Lames</b> , PhD, Prof.
11:00	Scientific performance support in training and matches – <b>Liu Ruizhi</b>
11:20	Open Discussion

**Star guest presentation – Chaired by Miran Kondric**

11:40	<b>Jean-Michel Saive – From Belgian talent to world class all around table tennis player</b>
12:20	Open Discussion
12:30	Lunch Break & Sponsor Booth visits



### Planning – Chaired by Dejan Papic

13:30	Synthesising science and potential to winning performance – <b>Frank Dick</b>
13:50	Preparation for future performances – <b>Richard Prause &amp; Jörg Rosskopf</b>
14:10	Open Discussion

### Practical session @ Coque – Chaired by Martin Ostermann

15:00	<b>Games of national and international talents</b>
16:30	Showgame Jean-Michel Saive
18:30	Dinner

### *SUNDAY 25<sup>th</sup> November*

09:00	Registration
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### Talent identification – Chaired by Polona Cehovin

09:30	Profiling international elite youth table tennis players – <b>Irene Faber, PhD</b>
09:50	Effective training to adapt to modern table tennis – <b>Mario Amizic &amp; Maehara Masahiro</b>
10:10	Open Discussion
10:30	Coffee Break & Sponsor Booth visits

11:00	Closing round table between stakeholders Moderator: <b>Romain Seil, MD, PhD, Prof.</b>
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